8503 - 44th St West University Place, WA 98466 December 7, 2000

Commissioner Jane Henney Docket No. OOP-1211\CP1 FDA Dockets Management Branch (HFA-305) 5639 Fishers Lane, Room 1061 Rockville, MD 20852

Dear Dr. Henney,

I am very concerned about the FDA's regualtion of Genetically Engineered (GE)/Genetically Modified (GM) foods.

GE/GM foods should not be assumed to be "generally recognized as safe", and should have manditory pre-market safety testing for as long as it may take.

All GE/GM foods should be labeled so all consumers are informed and have a choice.

There should be a moratorium on GE/GM foods untile long term studies show that they are safe for human health; without dietary risks, allergic reactions, antibiotic resistance, and do no harm to the environment by contanimating the natural gene arrangement and distribution.

I request that the agencies current policies be changed, and I support all the points in docket #OOP-1211\CP1.

Four other foods give me great cause for concern:

Soy Products - For several thousand years the Chinese have not eaten unfermented soybeans because the soybean contain large quantities of natural toxins or "antinutrients" including enzyme inhibitors that can produce serious gastric distress, and chronic deficiencies in amino acid uptake, as well as a clot promoting substance that causes red blood cells to clump together. Soy contains substances that depress thyroid function and block the uptake of essential minerals Calcium, Magnesium, Copper, Iron and especially Zinc - in the intestinal tract. There is much more to say, but here I will only add that an infant exclusively fed soy formula receives the estrogenic equilvalent (based on body weight) of at least five birth control pills per day.

Milk - The current product sold as milk contains a toxic soup of pharmaceutical chemicals not fit for consumption even when the pus and blood have been removed.

Refined Sugar - It has been proven that: (1) Sugar is a major factor in dental decay. (2) Sugar in the diet does cause overweight. (3) Removal of sugar from diets has cured symptoms of crippling, worldwide diseases such as Diabetes, Cancer, heart illnesses. (4) Sugar is a key element in mental diseases. (Annual percapital sugar consumption is in the 150 lb. range in the US)

Fats and Oils - There are fast that kill, and fats that heal, which are Essential Fatty Acids (EFA) essential building blocks of long term health available in deep cold water unpolluted fish oils, organic Hemp oil and Flax oil. Unfortunately over 98% of the fats and oils available in stores has been altered with hydrogen to give them shelf life, or are contained in meats, and are at the source of diseases all to common in our county today.

If you are interested, I have a long bibliography and notes to supstantiate the claims and statements here. Please feel free to contact me at - gfoley@scn.org

Very truly yours,

GEERY FOLEY Gerry Foley

cc. Senator Murray Senator Cantwell Congressman Dicks

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